



# FREE EVENT For Caregivers

3rd Annual Stanislaus County

## CAREGIVER RESOURCE FAIR

**Saturday, March 30, 2019**  
**8:00 a.m. - 12:00 p.m.**

Stanislaus Veterans Center  
3500 Coffee Road, Suite 15  
Modesto, CA 95355



- ♥ **Presentation Topics:**
  - 8:30 a.m. – Estate Planning
  - 9:45 a.m. – Self-Care for Caregivers
  - 11:15 a.m. – Funeral Planning
- ♥ **Community Resources**
- ♥ **Health Screening**
- ♥ **Raffle**
- ♥ **Continental Breakfast**
- ♥ **Free on-site caregiving for community residents will be provided courtesy of Valley Home Care at the event**

Presented by



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